

About the Author



Heather T. Forbes, LCSW, is the owner of the Beyond Consequences Institute and author of numerous books on the topic of working with children impacted by trauma. Coming from a family of educators, Heather has a passion for helping children in the classroom. Trauma robs children of their curiosity, and Heather’s passion is to help these students return back to their innate love for learning. She consults and lectures extensively with both general and special education schools around the nation and the world. Her signature style is to bridge the gap between academic research and “when the rubber hits the road” classroom

situations, giving teachers and school personnel the understanding and tools they need for even the most challenging of students. Heather has worked in schools with trauma-impacted students and knows firsthand how challenging it can be on a daily basis with these students. Much of her insight on understanding trauma, disruptive behaviors, and developmental delays, comes from her own experience of raising two internationally adopted children and mentoring a severely trauma-impacted young adult.