



# Roadmap to Becoming Trauma-Informed

Designed by:  
Heather T. Forbes, LCSW



1. Create a School Leadership Team within each school. This is a team of about 6-10 people who represent the makeup of your school.



2. Each team member attends either:  
• Classroom180 Live or  
• Classroom180 Virtual Bootcamp

**Help for Billy**  
Professional Development Day

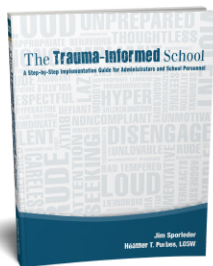
This course is designed to be a "plug-and-play" professional development day to introduce participants to the work of Heather T. Forbes, LCSW. The course uses content from her book, *Help for Billy*, along with the *Study Guide for Help for Billy*. Videos are also used to help teach the material and to keep participants engaged. It includes **4.75 hours** of content.

This course is **FREE** to any district or school wanting to train their educators and staff in the trauma-informed model.

Please contact our office if you need to order the accompanying books. Bulk discounts are available! Contact Marci at 303-993-8379 or [info@beyondconsequences.com](mailto:info@beyondconsequences.com)

3. Conduct an all staff professional development day led by the Leadership Team.

Option 3A:  
Use the "Help for Billy" Plug and Play course. Click [HERE](#) to access.



4. Administrative staff develops standards and policies based on the *Trauma-Informed School Admin Guide*.