

Every Day Is Mother's Day Conference

Agenda

Location: *Sheraton Gateway Los Angeles*
6101 W. Century Blvd.
Los Angeles, CA 90045

Friday, May 21

8:00 am – 9:00 am	Check-in
9:00 am – 12:00 pm	“Beginning the Journey Inward”
12:00 pm – 1:30 pm	<i>Lunch (on your own)</i>
1:30 pm – 4:00 pm	“I Gotta See It to Heal It!”
4:00 pm – 5:30 pm	Small group exercises
5:30 pm – 7:00 pm	<i>Dinner (on your own)</i>
7:00 pm – 9:00 pm	“Parenting Beyond Consequences – Part 1”

Saturday, May 22

6:30 am – 7:30 am	<i>Workout (optional)</i>
9:00 am – 12:00 pm	“Creating My Future”
12:00 pm – 1:30 pm	<i>Lunch (on your own)</i>
1:30 pm – 3:30 pm	“Making My Life Work for Me”
3:30 pm – 5:30 pm	“Parenting Beyond Consequences – Part 2”
5:30 pm – 7:00 pm	<i>Dinner (on your own)</i>
7:00 pm – 9:00 pm	“I Am Beautiful”

All sessions will be lead by Heather T. Forbes, LCSW